



February 2012



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and market trends

Elementary Menu		Wednesday 1	Thursday 2	Friday 3	
<p>Meal Prices</p> <p>Paid Lunch \$1.85</p> <p>Reduced Price Lunch \$.40</p> <p>Adult Lunch \$2.40</p> <p>Paid Breakfast \$1.10</p> <p>Reduced Price Breakfast \$.30</p> <p>Adult Breakfast \$1.35</p> <p>Milk \$.40</p>			Chicken Alfredo Cheese Quesadilla BBQ Chicken Wrap	Chicken Tenders Bean and Cheese Burrito Chef Salad	Hot Dogs Ham and Cheese Sandwich Soft Beef Tacos
			Green Beans Fresh Fruit & Vegetable Bar Variety of Milk	Mashed Potatoes with Gravy Fresh Fruit & Vegetable Bar Variety of Milk	Mixed Veggies Fresh Fruit & Vegetable Bar Variety of Milk
		Breakfast Scrambled eggs with Cheese Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Sausage and Cheese Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Biscuits and Gravy Fresh Fruit Selection Assorted Low Sugar Cereal	
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	
Spaghetti with Marinara Crispy Chicken Wrap Chicken Caesar Salad	Oven Roasted Chicken Beef and Bean Burrito BBQ Chicken Salad	Cheese Pizza Turkey Melt Southwestern Salad	Cheeseburger Chicken Quesadilla Turkey and Cheese Sandwich	Chicken Nuggets Grilled Cheese Ham and Cheese Salad	
Corn Fresh Fruit & Vegetable Bar Variety of Milk	Mashed Potatoes with Gravy Fresh Fruit & Vegetable Bar Variety of Milk	Mixed Veggies Fresh Fruit & Vegetable Bar Variety of Milk	Green Beans Fresh Fruit & Vegetable Bar Variety of Milk	French Fries Fresh Fruit & Vegetable Bar Variety of Milk	
Breakfast Pancakes with Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Denver Style Scrambled Eggs Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cinnamon Rolls Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Waffles with Hash Browns Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Biscuits and Gravy Fresh Fruit Selection Assorted Low Sugar Cereal	
Monday 13	Tuesday 14	Wednesday 13	Thursday 16	Friday 17	
Macaronni and Cheese Chicken Tostada Sweet and Sour Chicken with Rice	Corn Dogs Beef Fajitas Chicken Spaghetti	Baked Ziti Chicken Sandwich Chicken Salad Sandwich	Chicken Nuggets Beef Ravioli Bean and Cheese Tostada	Spaghetti with Meatballs Adobe Chicken Wrap BBQ Rib Sandwich	
Carrots Fresh Fruit & Vegetable Bar Variety of Milk	Green Beans Fresh Fruit & Vegetable Bar Variety of Milk	Corn Fresh Fruit & Vegetable Bar Variety of Milk	Peas Fresh Fruit & Vegetable Bar Variety of Milk	Carrots Fresh Fruit & Vegetable Bar Variety of Milk	
Breakfast Sausage and Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Scrambled eggs with Cheese Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Chocolate Doughnuts Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Pancakes with Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Biscuits and Gravy Fresh Fruit Selection Assorted Low Sugar Cereal	
Monday 20	Tuesday 21	Wednesday 20	Thursday 23	Friday 24	
		Cheese Pizza Chicken Fajitas Grilled Cheese	Hot Dogs Cheese Quesadillas Orange Chicken with Rice	Cheeseburger Chicken Spaghetti Chef Salad	
		Spanish Style Beans Fresh Fruit & Vegetable Bar Variety of Milk	Mixed Veggies Fresh Fruit & Vegetable Bar Variety of Milk	Green Beans Fresh Fruit & Vegetable Bar Variety of Milk	
		Breakfast Sausage, egg and cheese Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Pancake Wraps Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Biscuits and Gravy Fresh Fruit Selection Assorted Low Sugar Cereal	
Monday 27	Tuesday 28	Wednesday 29			
Chicken Alfredo BBQ Rib Sandwich Taco Salad	Corn Dogs Lemon Pepper Chicken Chicken Salad with Greens	Chicken Tenders Beef Fajitas Grilled Chicken Salad			
Corn Fresh Fruit & Vegetable Bar Variety of Milk	Mashed Potatoes with Gravy Fresh Fruit & Vegetable Bar Variety of Milk	Spanish Style Beans Fresh Fruit & Vegetable Bar Variety of Milk			
Breakfast Ham and Cheese Quesadilla Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Oatmeal with Brown Sugar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cinnamon Rolls Fresh Fruit Selection Assorted Low Sugar Cereal	Stop at the salad bar for fresh fruit and vegetables offered daily!!		
<p>In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.</p> <p>To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer."</p>			Foodservice Director: Curtis Mueller Comments? (816) 540-5148 Menu is Subject to change.		

