

Pleasant Hill Volleyball 2010

Attn: All girls who plan on participating in volleyball for the 2010-2011 school year at Pleasant Hill High School.

Pleasant Hill High School Volleyball Camp*

All players grades 9-12 who will be attending PHHS next year.

June 7-10 from 3 - 6 p.m.*, PHHS gym, current physical required.

Please complete attached form. **\$20 per player before April 30th, \$25 after April 30th.**

(note: if you pay after May 1, a camp t-shirt is not guaranteed)

Spring and Summer Open Gyms and Weightlifting

All players grades 9-12 who will be attending PHHS next year.

Spring - Mondays after school from 3 - 5 p.m. at PHHS, starting on April 12.

We may go on Wednesday as well depending on numbers.

Summer - Mondays from 1-3 p.m., May 24 –June 28 (required if you play league)

Weightlifting – M, W, F after school until the end of school

M. T, Th. at 8:15 a.m. starting June 1

Lee's Summit North Summer League

Varsity and J.V. teams, Tuesday night at LSN High School, May 25-June 29

Licking Shootout (@ Rolla)

Varsity and J.V. (and possibly a C team), June 11-12

Holden Shootout

Shootout/Competition at Holden H.S., July 12th, Varsity and J.V. (tentative)

Monday August 9th: first day of practice, 8 a.m.

A current physical with insurance information is required to participate in any summer activities.

Detach form and return to Pleasant Hill High School

Pleasant Hill High School 2010 Volleyball Camp Registration

Name _____ Grade _____ Home phone _____

T-shirt size _____ Extras-\$10 each (size of each)_____

Please make checks for \$20 payable to "Pleasant Hill High School".

For more information, call Coach Creason at 816-540-3111 x204

or e-mail at gcreason@pleasanthillschools.com

Camp dates: June 7-10, 3 - 6 p.m.*

Registration deadline: Friday April 30th, after April 30th, camp cost is \$25

(mail to Pleasant Hill High School, #1 Rooster Way, Pleasant Hill, MO 64080,

or return to Coach Creason directly)

Off-season participation is recommended, but not required.